

HEALTHY FUTURES

Inside 3861 Sepulveda Boulevard



Message from President/CEO Deb Farmer



Those that know me know how proud I am of Westside Family Health Center. Where do I even begin? I am proud of the quality healthcare we provide. I am proud of our state of the art building. I am proud of our amazing team who has worked so hard during such an extraordinarily challenging time, especially these last 18 months. And I am proud of my 22 years as President/CEO of WFHC!

I have some wonderful and inspiring news that I am VERY proud to share: 100% of our team is vaccinated. 100%!

That is a remarkable accomplishment for a community healthcare organization. With this accomplishment, we can serve as important role models to our patients as well as keep each other safe. In January and February, we vaccinated our team members and their families because so many live in close quarters with each other.

"Our team was so grateful!" Rosslyn Jones, a WFHC team member, told us, "I was fortunate to have my Mom and Brother receive the Covid 19 vaccine early on. I am also grateful by me being fully

“Thank you so much, I can finally see my family and hug my kids. It’s been six months and you gave us back our family.”

vaccinated, I was afforded the opportunity to visit my brother in the ICU, not knowing that these would be my last visits with him.” WFHC team members were 95% vaccinated in February and by this month, we became 100% vaccinated. We are currently providing boosters to team members and their families.

I am also very proud that we have vaccinated so many of our patients because we answered their questions, provided culturally competent information and served as trusted vaccine influencers. One patient, after her 2nd dose, told us with tears coming down her cheeks, “Thank you so much, I can finally see my family and hug my kids. It’s been six months and you gave us back our family.”

I am so proud of Westside Family Health Center for having Vaccine Confidence!

Meet WFHC's Community Outreach and Education Manager, Jessica Torres



How did you find out about WFHC?

When I decided to pursue a career in medicine, I started looking for places committed to helping people in need. I found Westside Family Health Center as a volunteer during college. This commitment intensified as I was able to reach out to people of color in need. I saw how relieved Spanish-speaking patients were as they heard me speaking their native language. After I graduated, I returned to work at WFHC and recently was promoted to Community Outreach and Education Manager.

What do you enjoy most about your job?

The most satisfying part of my job currently is speaking to patients to help them find the resources and referrals they need, including mental health services. Additionally, I am actively closing the healthcare gap by providing Covered California application assistance to my patients. It is so fulfilling to get to know my patients and their families and to help them improve their lives. I am also very excited to share that in November I will be going to Mississippi for one week with FEMA to give vaccines.

"It is so fulfilling to get to know my patients and their families and to help them improve their lives."

Jessica, tell us a little about yourself.

I was born in Tijuana, Mexico where I lived until the age of 15. Living in Mexico, I personally experienced the challenges of a broken healthcare system in an impoverished country. In order for me and my family to see a doctor, we needed to wake up at 3 a.m., so we did not go very often. There was also a stigma regarding mental health care.

What changed for you when you came to the United States?

When I migrated to the US, I thought that all this would be over. I assumed that the American Dream came with quality health care. And it does, but not for so many people like myself. I saw how anxiety around immigration status of family members caused hesitancy to access healthcare.

Also, much to my surprise, I also personally experienced the stigma around mental health. Due to these obstacles, it was not until I attended UCLA for college that I first received health care services including mental health care. I was diagnosed with PTSD and Major Depressive Disorder. For the first time, I had a name to what was going on in my head and received treatment and relief.



Why I Give: Donor Spotlight

INTERVIEW WITH JAMES D. GARRITY, MANAGING DIRECTOR
PRIVATE WEALTH ADVISOR, MORGAN STANLEY WEALTH MANAGEMENT

How did you first learn about Westside Family Health Center?

I first heard about WFHC through a close friend who has a sister on the staff. Even though I have been in Washington, D.C., for some time, many years ago I lived in Venice, so I had some familiarity with the Westside community. As I visited WFHC and learned about their work, I quickly became inspired to get involved and wanted to offer help.

What motivated you to support WFHC?

WFHC serves the children, adults, and elders among us who often have less access to public services than others more fortunate, and I feel a profound moral obligation to see their challenges and not be blind to their needs.

Learning about WFHC and meeting the incredible staff, I know that they share a dedication to improving the lives of others and an entire community. In supporting WFHC, I am trying to make a small difference, to perhaps help just one person, who in turn will make a difference in the future journey of a single family. In the end analysis, isn't that a measure of a worthwhile contribution?



Why did you decide to name a Family Practice exam room in WFHC's new flagship site?

Public service and offering access to quality healthcare is part of my family's legacy. My father practiced family medicine in a small rural New England town for more than forty years, caring for all generations of patients from every walk of life. My mother was the office manager and nurse. Prior to his own family practice, Dad served in the US Public Health Service, offering medical care to Native Americans at a small reservation outside Lawton, Oklahoma. I decided to offer substantial support to WFHC to honor the memories of my parents' work, and to celebrate their legacy of service to others. My parents afforded me opportunities and support that allowed me to enjoy some career success. I feel that I am now at a point in my life where I must recycle this support into great organizations like WFHC to help others in need. I donated stock instead of cash as I was able to give more to the Center to help fund their programs.

Access to quality care has literally saved the lives of my children, as we spent months facing severe health challenges in their infancy that are fortunately now just intense memories. Thoughts of those nervous days and long scary nights can still bring me to silence and the brink of tears.

I think that WFHC is the perfect organization for my involvement – it's small enough that my contributions have a real impact that I can see and feel, but large enough to make a lasting difference across an entire community. I'm proud to be part of the WFHC team.

Jim, we are so grateful you are a part of the Westside Family Health Center family.

Jim made a stock gift to support WFHC. For more information about donating stock, please contact Celia Bernstein at cbernstein@wfjcenter.org

Congratulations to Alana Kamins, WFHC's Nominee for the Westside Coalition's Community Support Award

Alana Kamins, a 16-year-old high school student at Brentwood School, is the founder of Sprinkle of Hope, a project that helps those in need by giving them everyday life necessities in jars. Alana chose Westside Family Health Center as the perfect place to distribute the jars because, "with Sprinkle of Hope, I am helping clients at Westside Family Health Center, 96% of whom live at or below the poverty line. I am providing them with these daily necessities to help ensure daily health to those in need of the most support."

Since 2018, Alana has raised the funds, purchased and packed products, and has delivered over 300 Hope Jars and backpacks worth \$15,000 to Westside Family Health Center filled with important and costly necessities such as tampons, shaving cream, Aquaphor, deodorant, etc. The necessities have adapted to the needs of WFHC's patients, which have included fuzzy socks for the Winter Jars, school supplies for pediatric patients, and most recently, masks, gloves and hand sanitizer for the Pandemic Prevention Jars.

Alana has received grants for her project from funders including Visionary Women and the Jewish Federation. Congratulations for this well-deserved honor, Alana. Your Sprinkle of Hope Jars have uplifted many of Westside Family Health Center's team members and patients. Sprinkle of Hope is needed now more than ever.

For more information, visit <http://sprinkleofhope.net>



**“With Sprinkle of Hope, I
am helping clients at
Westside Family Health
Center, 96% of whom live
at or below the poverty
line.”**

Westside Family Health Center honors the memory of Darlene Lasher



Darlene was every nonprofit's dream of a supporter, especially for WFHC. An activist who shared her skills, her passion for social justice and her resources to many nonprofits on LA's Westside, she had been a longtime donor to WFHC when she and her family pledged \$1 million to support our vision for a new building. Her pledge from The Richard F. Dwyer & Eleanor W. Dwyer Fund For Excellence, which took place before we even had a location in mind, officially kicked off our \$15 million Healthy Futures 2024 Capital Campaign.

WFHC honored Darlene with the Outstanding Community Leader Award in 2016 and leaders of other nonprofits she supported and local elected officials were in attendance, as were members of her beloved family and friends.

Darlene helped us weather the ups and downs of the ensuing drama that unfolded: the search for a new building that took 3 years, the fight to keep the ACA, the signing of the lease, the groundbreaking, the construction, the move and yes, the pandemic! Always someone who did not seek attention, she allowed WFHC to name the Patient Lobby and Waiting Room in honor of herself and her husband, Allan Lasher, who predeceased her. Darlene sent her regrets when she was not able to

attend our Groundbreaking in 2019. We sent her pictures and a video of the new space and she exclaimed "WOW! The photos of the Groundbreaking were spectacular. How wonderful to have so many concerned people attend. Nice to have such good support. I was with you from afar. Congratulations. Much love, Darlene".

Darlene, you always will be with us. We will always be deeply grateful.

May Darlene's memory be a blessing.

To make a donation to WFHC in memory of Darlene, please visit www.wfhcenter.org and click the donate button.

***"I was with you from afar.
Congratulations. "***

Healthy Futures Fundraising Update



To date we have raised over \$7 million with the goal of reaching \$15 million by 2024. Build a healthier community - one family at a time. Donate today.

"I've been going to the Westside Family Health Center for the last few years. They moved to a new location and I walked in and it's amazing! Fresh, bright, modern. Healthy and hopeful vibe. The design of this location reflects treating people who go to clinics (likely low-income people) and the people who care for them with dignity and a sense of value and worth. This makes my heart so happy! Staff are lovely and my health needs are met."

-WFHC Patient

Thank You to Our Supporters

July 1, 2020 - October 31, 2021

\$100,000 And Above

Direct Relief International
L.A. Care Health Plan
Max H. Gluck Foundation
Providence Saint John's Health Center
The Ralph M. Parsons Foundation
The Rose Hills Foundation
UniHealth Foundation

\$10,000 - \$99,999

ABAR Foundation
Albert and Elaine Borchard Foundation
Anonymous
Aqua Hill Foundation
Diane and Norman Bernstein
Board of Supervisors (Second District)
Capital Group
Cedars-Sinai Medical Center
Crail-Johnson Foundation
The Ella Fitzgerald Charitable Foundation
George Hoag Family Foundation
Robert and Heidi Frey Greenwald
The Green Foundation
Harold and Winifred Swanton Foundation
Kaiser Permanente (West LA)
Kautz Family Foundation
The Moozie Foundation
Kaitlyn Murphy
Stephanie Negriff
QueensCare
Robert Wood Johnson Foundation
Santa Monica Westside/Legacy Fund for Women and Girls
Sawchuk Family Foundation
Santa Monica Rotary Club Foundation
The California Endowment
William C. Bannerman Foundation
WOW Group

\$1,000 - \$9,999

Elizabeth Abbe
The Abby Fund
Steve Ades and Laurie Levit
Arthur J. Gallagher & Co.
Benevity Community Impact Fund
Joshua Bernstein
Californians Allied for Patient Protection
Celia Bernstein and Bradley Kesden
Linda Burnes Bolton
Boston Private An SVB Company
Lee Brennan
Chatowski Family Foundation
Beth Cranston
Debra A. Farmer and Robert Hartstone
Tracy Fietz
Joan Goldsmith
Xavier Gutierrez

Paul Hayama
Robert Israel
Joseph and Jacqueline Kirshbaum Memorial Fund
Cynthia Kanner
Sherry Kesden
Katharine King
Kesa Kivel
Kiwanis Club of Santa Monica
Manufacturers Bank
Miller Kaplan Arase LLP
Angel Morales
Network for Good
NORCAL Group Foundation
D. Gene Parks
Poorman-Hoyt-Stratford Foundation
Eric and Andrea Pyenson
John Ritter
Ron Robinson
Thomas Safran
Sidney Stern Memorial Trust
Ticketleap
US BANK
We Are Santa Monica Fund
Eric Weissler
William H. Tilley Foundation

\$1 - \$999

Deborah Allen Albert
AmazonSmile Foundation
Lisa Ammerman
Kelly Anderson
Teresa Angeles
Gary & Cindy Avrech
Bert Ball
John Battenfeld
Cushion Bell
Carmen Beraud
Diane and Jim Berliner
Marianne Bernstein
Susan Bernstein
Karen Biers
Rosanna Blumenberg
Gina Blumenfeld
Sheri Bonstelle
Kendra Burns-Edel
Joni Byun
Albert Carrol
Nancy Carter
Lauren Castillon
Patricia Cohen
Corinna Cotsen
Victoria Cowsill
Kimberly Crabb
Richard Daum
Elizabeth Davila
Jessica Davis

Thank You to Our Supporters Cont. *July 1, 2020 - October 31, 2021*

Magdalena Davis
Curtis Degenfelder
Charles Dimont
Maribeth Dougherty
Lee Draper
Zoe Drimmer
Nancy Farmer
Karen Farrer
Linda Feferman
Rachel Feldman
Olga Felton
Edward Ferrer
Harden Fisch
Sandra Fluke
Garson Foos
Taryn Fordes
Daniel Forer
Renee Fraser
Mindy Freedman
Milo Geylin
Mary Ghiorso
Karen Berko Gibson
Karen Giffin
Constant and Peter Goetz
Melinda Goodman
Hayana Guerrero
Gayle Haberman-Klein
Cynthia Hamilton
Roberta Hantgan
Jeri Harman
Veronica Herber
Richard Hochberg
Maria Honon
Kaitlyn Hull
Michael Ibarra
Fran Jemmott
Rosslyn Jones
Ragini Joshi

Philip Kamins
Cynthia Kanner
Pamela Kaplan
Katharine Katz
Shannon Kelly
Lena Kesden
Montez Kincy
Julie Kirk
Stu Krieger
Manjusha Kulkarni
Jessica Lamden
Sarah LaSaulle
Leslie Leitner
Jonathan Levitan
Judith Lipkin
Peter Mackler
Molly Maher
Patricia Mahoney
Felice Mancini
Lana Manganiello
Rebecca Martinez
J.C. McDermott
Marie McKinney
MedPoint Management
Jere Mendelsohn
Rosalinda Meyer
Charlotte Milner-Barry
Elizabeth Tauro Mitchell
Elizabeth Norton
Kathleen O'Laughlin
Barbara Osborn
Pacific Palisades Woman's Club
Pledgeling Foundation
Laura Ponchick
Robert Rachins
Ralphs Grocery Company / Kroger
Scott Ramer
Paula Ravets

Roberta Rey
Jacquelyn Richman
Elisabeth Richter
Mari Riddle
Beth Rubenstein
Susan Rule
Andres Salagdo
Cathy Salser
Joseph and Michelle Schwartz
David Shepard
Ivelisse Simon
Thomas Small
Jeff Smith
Carol Solomon
Stan Stahl
Joseph Stitcher
Juliana Sullam
Jolene Swain
Julie Taren
Caroline Thompson
Julie Thompson
Chris and Greg Thorpe
Vibe Office Properties, Inc.
K.C. Victor
Carol Ware
Neal Wolkoff
Nadine Youssef
Betsy Zeidman

Support Westside Family Health Center and help catalyze the next stage of our growth for the next decade and beyond.

Westside Family Health Center
3861 Sepulveda Boulevard
Culver City, CA 90230
EIN: 95-2931931

Facebook: [facebook.com/westsidefamilyhealthcenter](https://www.facebook.com/westsidefamilyhealthcenter)

Instagram: @wfhclinic

Twitter: @lovewfhc

For more information and/or to make a donation, please visit
www.wfhcenter.org or contact cbernstein@wfhcenter.org