



Care. Compassion. Community.

Healthy Futures

Westside Family Health Center's Newsletter

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ABOUT US

For 45 years, Westside Family Health Center has sought to be a haven for multiple generations of patients. First founded as a women's clinic, Westside Family Health Center now provides comprehensive, high quality, cost-effective health care in an educational and supportive environment that empowers patients to take an assertive role in caring for their well-being through all stages of life. WFHC is a safe space in the community where women, children and families are treated with dignity and respect, and receive the kind of health care they deserve.

CONTACT US

Celia Bernstein
 Director of Development
 (310) 450-4773 ext. 254
 cbernstein@wfhcenter.org

To make an appointment:
 Call (310) 450-2191



Left to right: WFHC's CMO, Dr. Rebecca Rodriguez, Jacqueline Hamilton, Debra A. Farmer, WFHC's Dr. Cesar Barba, and Nicolas Rodriguez celebrate breaking ground at the new Culver City Westside Family Health Center location.

Groundbreaking For Our New Culver City Location!

The journey to our new location reached another exciting milestone at the official groundbreaking ceremony on August 23. Along with many of our board members, the event was also attended by the Mayor of Culver City, Meghan Sahli-Wells, representatives from the Culver City Chamber of Commerce, Congressmember Karen Bass, Congressman Ted Lieu, and Supervisor Mark Ridley-Thomas.

The event featured speeches by Stephanie Negriff, Westside Family Health Center Board Chair, and Westside Family Health Center President/CEO Debra A. Farmer. Certificates were presented by Nicolas Rodriguez, District Director, Congressman Ted W. Lieu, and Jacqueline Hamilton from the Office of Congressmember Karen Bass.

The new facility, located at 3861 Sepulveda Blvd., is a lot more than just a convenient and accessible location. It is where we will address the health care issues of today and tomorrow in a new, advanced setting three times our current size that will offer state-of-the-art care to twice as many patients.

"We're excited to welcome Westside Family Health Center to our community so they can further their mission and vision to provide compassionate care for those who need it," said Culver City Mayor Meghan Sahli-Wells.

With construction officially underway, a brighter future for Westside Family Health Center and the communities they serve seems closer than ever.

We appreciate the generosity of our donors and ask for your continued support.

Healthy Futures for All – 2024 Fundraising Campaign Update

Our *Healthy Futures for All* fundraising campaign will enable Westside Family Health Center to expand our high-quality health care to the community we serve. The campaign comprises both the capital costs needed to relocate and the core operating costs needed from fundraising for the first five years.

To date, we've raised \$2 million of our \$15 million five-year goal. It's a great start, but we need our donors' support and generosity to fulfill the ambitious mission to treat twice as many patients, improve the quality of our care by offering additional services and state-of-the-art technologies, and empower our patients' health and quality of life. We know we can get there - but we can't get there without you!



Help us deliver this dream to West Los Angeles and continue to strengthen the community by providing quality health care to those in need. Your contributions are the difference. Please give today.

For naming opportunities, including the extraordinary external signage on three sides of our new building including the 405 Freeway, please contact Celia Bernstein at (310) 450-4773 x254 or cbernstein@wfhcenter.org

Message From The President

This fall is an exciting time for Westside Family Health Center. We are working hard to lay the groundwork for our move so that we can continue our commitment to serve our patients and communities for generations to come.

No other effort represents our future more than our new building. As I write this, construction is currently 50% complete and we expect to move in March 2020. The state-of-the-art facility will provide so many more opportunities to treat and care for our patients, and in a way that reflects how much we appreciate them. As we expand our services and add dental, mental and vision care, we can more effectively build upon our 45 years of successfully responding to the health needs of vulnerable people.

One of our core values is teamwork, and our new building's innovative "pod" design takes patient-centric care to a completely new level. The pods physically locate our patients by program - allowing care teams of physicians, nurse practitioners, social workers, medical assistants and patient navigators to collaborate and share information - leading to more positive patient experiences and outcomes.

I invite you to join our evolution and growth by supporting our *Healthy Futures for All* fundraising campaign - an initiative that our new building and expanded services depend upon. Our funders are an integral part of our team of creating a healthier community for all - not just for some. Your support is more important than ever.



We hope you are as excited as we are about the future of Westside Family Health Center because it is only through your generosity and continued support that we will be able to arrive at that future. The women, men and families that come to Westside Family Health Center for their health care are the backbone of our community. Please join me in providing the kind of health care for them that they - and we - deserve. See you at our Grand Opening!

Why I Give: Donor Spotlight

Westside Family Health Center relies on the generous giving of our supporters like the Kautz Family Foundation. Trustee Leslie Kautz shares why:

The Kautz Family Foundation focuses on underserved communities in Los Angeles and Tucson, AZ – cities where members of our own family currently live.

Through my work on non-profit boards and groups like Southern California Grantmakers, I've had the privilege of learning about new organizations and causes worth the Kautz Foundation's

support. One such impressive organization is Westside Family Health Center, which serves the needs of so many families in an area (the Westside of LA) that we often don't think of as underserved. The reality is there is a diverse population with a diverse demand for high quality and affordable health care. WFHC's long history and deep integration in the community provides an outstanding platform, especially as it expands both its physical space and also its services, capabilities, and the number of patients it can treat.



On behalf of the Kautz Family Foundation, I'm thrilled we can be a part of Westside Family Health Center as they deliver on the exciting promise of a 21st century health system.

Healthy Futures Advisory Group

The *Healthy Futures* Advisory Group is comprised of eight professional women and men whose sole purpose has been to introduce WFHC to philanthropic individuals, family foundations, businesses and stewards of wealth through networking events and individual meetings. One current member is Ivelisse Rodriguez Simon, a Managing Partner of Avante Capital Partners, a leading woman-owned private credit and structured equity SBIC fund based in Los Angeles.

On November 7, Avante will be hosting a 10-year anniversary party in Los Angeles to celebrate the fund's milestone with clients and their extended network in

the financial community. In conjunction with the celebration, Avante is raising funds that evening for Westside Family Health Center's *Healthy Futures For All* fundraising campaign.

"Our team at Avante is passionate about our community and helping those in need. We are proud to support the team at Westside Family Health Center, including my sister Dr. Rebecca Rodriguez, Chief Medical Officer, in their effort to provide quality health care to many in need. As a women-led fund making investments in health care, we recognize the significant need and impact WFHC has on our neighbors and families in the LA community."



WFHC thanks Ivelisse and Avante Capital Partners for this wonderful fundraising endeavor. Please let us know how YOU can raise funds and awareness for WFHC!

DONOR RECOGNITION *Givers of 10,000+*

Annenberg Foundation
Baxter International Foundation
Bessemer National Gift Fund
Celia Bernstein and Bradley Kesden
Diane and Norman Bernstein
Blue Shield of California Foundation
Lee Brennan
The California Endowment
CBRE Foundation
Cedars-Sinai Medical Center

Center for Care Innovations/
Tides Foundation
Comerica Bank
Crail-Johnson Foundation
The Richard F. Dwyer & Eleanor W. Dwyer Fund
Debra A. Farmer and Robert Hartstone
The Ella Fitzgerald Charitable Foundation
Max H. Gluck Foundation
The Green Foundation

George Hoag Family Foundation
The Mark Hughes Foundation
Robert Wood Johnson Foundation
Kaiser Permanente
Kautz Family Foundation
The Honorable Sheila Kuehl, Los Angeles County Board of Supervisors
L.A. Care Health Plan
Liberty Hill Foundation
The Moozie Foundation

Stephanie and Larry Negriff
The Ralph M. Parsons Foundation
QueensCare
The Rose Hills Foundation
Roth Family Foundation
Sawchuk Family Foundation
Harold and Winifred Swanton Foundation
UniHealth Foundation
Weingart Foundation



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Westside Family Health Center

1711 Ocean Park Boulevard
Santa Monica, CA 90405

Community Impact & Accomplishments

What's new? WFHC has been doing a lot more than preparing for our move. Here is just a sampling of what we have been up to:

STRONG START

Last year, the Strong Start Prenatal Pediatric Program served 465 pregnant women and helped bring 231 healthy babies into the world. We provided comprehensive prenatal care, childbirth preparation classes and lactation counseling and support, complete with individualized attention and goal setting. In addition, our pediatric program served 2,758 children. Our kids and

families continued to receive books during their visit as part of our Reach Out and Read Program.

SOCIAL DETERMINANTS OF HEALTH

WFHC joined a collaboration with California Primary Care Association (CPCA) to more effectively incorporate Social Determinants of Health (SDOH) into the workplace and care of our patients. Specifically, we will be focusing on transportation issues and creating a screening tool we can use for our team members and patients. SDOH are the various non-medical

factors in people's lives which can have a profound effect on people's physical and mental health. Stay tuned for how WFHC incorporates SDOH into our health care and health education for the community moving forward.

WALK WITH A DOC

The national program Walk with A Doc began in 2005. WFHC will be taking over a chapter in Veterans Park in Culver City in November. Participants will meet once a month at this free event, hear from our providers about a current health topic and then spend the rest of the hour

enjoying a healthy walk and conversation.

MENTAL HEALTH

WFHC launched a pilot program in mental health last summer to prepare for the full mental and behavioral health program at the new site. WFHC now provides counseling and mental health services for anxiety, depression, grief and loss, stress management, life transition, financial insecurity, cultural identity, and loneliness. Our team provides a warm handoff to patients that need counseling services.

We appreciate the generosity of our donors and ask for your continued support.

website: wfhcenter.org | email: cbernstein@wfhcenter.org | phone: (310) 450-4773 ext. 254